

**2011 MANITOBA MARATHON
FULL MARATHON & RELAY
Course Description
(26.2 miles - 42.195 km.)**

START on EAST side of University Crescent, between Chancellor Matheson and Dysart.
NORTH along University Crescent to Pembina Hwy.
NORTH along Pembina Hwy., turn right at Crescent Dr.
EAST along Crescent Dr., into Crescent Drive Park.
WEST along Crane Avenue, to South Drive.
NORTH then EAST along South Drive, turn left at North Dr.
NORTH along North Drive, turn left at Oakenwald Ave.
WEST along Oakenwald, turn right at Lyon Street , turn Left at Point Road.
Relay Exchange Zone #1 (Point Road Between Lyon Street & North Drive)
WEST along Point Rd., turn right at Pembina Hwy.
NORTH along Pembina Hwy., Past Merriam Street (1/2 Marathon Course Splits) to Jubilee Ave.
EAST along Jubilee to the Pembina/Jubilee overpass bridge, turn Left
NORTH on bridge and Pembina Hwy to Harrow St. Turn left at Harrow St.
NORTH along Harrow St., turn left on Grosvenor
WEST on Grosvenor to Guelph, Turn right.
North on Guelph to North side of Wellington Crescent, turn left
WEST along Wellington Crescent (using the North side of the divided section),
Relay Exchange Zone #2 (Btwn Chattaway & Grenfell Blvd.)
Continue west on Wellington Crescent, enter Assiniboine Park
WEST and Northwest along Assiniboine Park Dr. to Assiniboine River footbridge.
NORTH over the footbridge, turn right at Portage Ave.
EAST in the right (southern most) lane of Portage Ave., turn right at Raglan Rd.
SOUTH along Raglan Rd., turn left at Wolseley Ave.
EAST along Wolseley Ave.
Relay Exchange Zone #3 (Laura Secord School)
EAST on Wolseley Ave., turn right on Furby St.
SOUTH on Furby St., and Middle Gate to Blanchard Avenue, Turn left.
EAST on Blanchard to East Gate, turn Left.
NORTH on East Gate and Langside St. to Westminster Ave. turn right.
EAST on Westminster Ave. turn left on Young St.
NORTH on Young St. to Balmoral St.
EAST and then north on Balmoral St. turn right on Broadway Ave.
EAST along Broadway Ave. in right (south) lane, turn right on Kennedy St.
SOUTH on Kennedy St. Turn left on Assiniboine Ave.
EAST along Assiniboine Ave., turn right at Main St.
SOUTH along Main St. using right (western most) lane, crossing over bridge, turn right at Lyndale Dr.
(immediately after bridge)
SOUTH and then EAST along Lyndale Drive, turn right on St. Mary's Rd.
SOUTH along St. Mary's Rd. using right (western most) lane, turn right at Rosewarne.
WEST on Rosewarne (against the flow of traffic) and Kingston Row,
Relay Exchange Zone #4 (Carey Park)
Proceed ALONG Kingston Row, under the Osborne St. overpass, (1/2 Marathon Course rejoins)turn left to enter the Dunkirk Dr. ramp (following the flow of traffic) on to Dunkirk Dr.
SOUTH along Dunkirk Dr. using the right (westernmost) lane, turn right at St. Vital Rd.
WEST along St. Vital Rd., turn left on River Rd.
SOUTH along River Rd., to Bishop Grandin Blvd.
WEST along North span of Bishop Grandin Blvd. & bridge to Pembina Hwy exit.
SOUTH along east lane of Pembina Hwy (against Traffic) to University Crescent.
SOUTH along the east side of University Crescent(against traffic), to Chancellor Matheson Dr., proceed past the start area, and past the blvd to the Southernmost lane and turn right onto Chancellor Matheson Rd.
WEST on South side of Chancellor Matheson Rd., turn right at the first (east) entrance of University Stadium
NORTH along the service road entrance, turn left towards the track, turn right on to track, and run counter-clockwise for one third of one lap, finish facing SOUTH at the University Stadium Finish Line.

**** Highlighted Sections denote course changes for 2011**